

Sydney Centre of Self-Realization Fellowship

Silent Retreat at Hartzler Park Conference Centre, Burradoo

Friday 15 to Monday 18 March, 2019



“Every person needs a retreat, a dynamo of silence where he may go for the exclusive purpose of being recharged by the Infinite.”

~ Paramahansa Yogananda

It's great that you'd like to join in the retreat. To register, give your details via email, post, or in person at Sydney Centre. If emailing (info@srfssydney.org.au) please make your payment first. NOTE: There is no need to email the form but make sure all necessary details from the form are included in your email.

Cost: \$400 for the 3-day retreat—from Friday dinner to Monday lunch
\$270 for the 2-day option—from Friday dinner to Sunday lunch (Or, if they wish, 2-day retreatants may stay until 6 pm on Sunday, for the long meditation, after vacating rooms by 1:30 pm.)

This amount is paid to the Hartzler Park Centre except for a contribution of \$4 towards Sydney Centre's expenses for conducting the retreat, such as altar flowers, nuts and herbal teas.

Closing date: Please register and pay by **Thursday 7 March** to secure your place. We are unable to process registrations or issue refunds after this date.

Payment options: *In person* by cash, cheque or credit card at Sydney Centre

By post to Sydney Centre Retreats, GPO Box 744, Sydney 2001
(Make cheques to 'Sydney Yogoda Centre Ltd'.)

Direct deposit to Westpac Bank Account name Sydney Yogoda Centre Ltd
BSB 032157 Account no. 359667 In Reference field type '**Retreat**' and your name

Accommodation: There is a lift. However, if you need a wheelchair accessible room, please contact info@srfssydney.org.au for details. Rooms are single with their own hand basins. Bathrooms are shared.

Meals: All meals are vegetarian. The venue also offers gluten-free and also **lactose-free** diets. These are served separately as required. Sydney Centre provides herbal teas and nuts; beyond this, individuals should cater for any other special needs. (A fridge is available to store personal food items.)

Arrival: Between 4 and 6 pm, to be settled in by dinner time, 6:30 pm.

Inquiries: info@srfssydney.org.au

You will receive confirmation and directions within 2 weeks of registering. A program is available on arrival.



Registration details

Name Male/Female

Phone Email (Print clearly.)

Postal address (If no email)

Are you registering for a 3-day (\$400) or 2-day (\$270) retreat?

Which is your payment method?

Specify if you would like gluten-free (GF) and/or **lactose-free (LF)** meals.

Is this your first retreat at Hartzler Park? If so, please arrive **well before 6 pm** to be shown around.